



# 2021 Visions

What 3 goals would you like to achieve in 2021?

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What words could you have as a theme for 2021?

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What self-growth attributes would you like to work on?

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How could you accomplish growth in these areas?

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# 2021 Visions

What are you going to attempt to do differently this year?

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What are you looking forward to in 2021?

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What self-care practices are you going to put in place for 2021?

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How can you commit to these self-care practices?

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# 2021 Visions

What are your most important, supportive and loving relationships?

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What would you like to do this year to show your appreciation for these loving relationships?

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What are you currently grateful for?

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