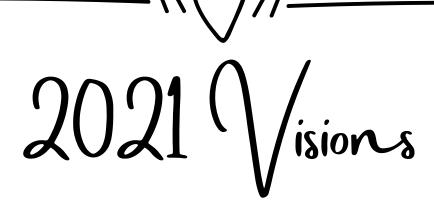
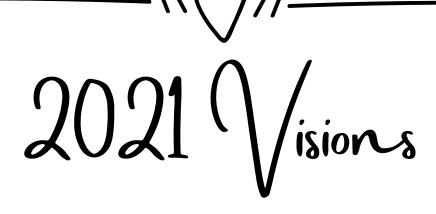
## 2021 % isions

What 3 goals would you like to achieve in 2021?
••••••
•••••
What words could you have as a theme for 2021?
•••••
What self-growth attributes would you like to work on?
••••••••
•••••
How could you accomplish growth in these areas?
•••••



What are you going to attempt to do differently this year?
••••••
What are you looking forward to in 2021?
••••••
•••••
What self-care practices are you going to put in place for 2021?
•••••
••••••
How can you commit to these self-care
practices?
••••••
••••••



What are your most important, supportive and loving relationships?
••••••
•••••
What would you like to do this year to show your appreciation for these loving relationships?
••••••
••••••
••••••
What are you currently grateful for?